

Ideas to reach the vision of the state?

Health

Adopt a person and add them to own insurance plan (make legislation to

Advocacy

Advocate with legislature

AHEC-medical education for young children on a broad basis-promote

Ask dentists & doctors to do pro bono work

Assist seniors & others to get to appointments

Attendance affects education which goes back to healthcare, healthcare affects education, link health systems to school, school level prevention eg.

Available on school grounds, healthy living education, responsibility for

Awareness

Awareness of RX prescription help

Back to basics for doctors

Better fund the local health clinics---taking the burden off emergency

Build homes for homeless mothers & children

Churches provide more community meals

Collaboration of area agencies to develop a health network to include

Collaboration with doctor's and clinics, collaboration with dental, stop unnecessary tests, partnerships, Collaboration with dental

Collaboration with local physicians, etc.

Communicate with legislators

Community awareness

Community gardens -- teach life skills on nutrition--canning, freezing,

community health centers: focus on the working poor, "insurance card" for these individuals to use at these facilities
community organization

Compensate Medicaid providers

Complete health (mental & physical) & dental program

Consumer education on prescriptions

Contact legislators

Contact local college for assistance

Cooperate on the federal level to incorporate change

Coordinate efforts in services like social service providers, government, insurance companies, physicians businesses, medical-pharmaceutical

Covermissouri.org

Create affordable insurance

Create incentive for medical professionals to practice

Create more mobile medical units - affordable.

Dental care-utilize dental/dental hygiene programs for early exposure to

Dental health issues--only a small # of people can actually be seen for

Dentists and doctors pay off student loans by working pro-bono

Develop plans that are more affordable for employers to offer to employees---
companies are closing due to high costs of insurance

Developing social support systems

Disseminating information through schools--some health info. (i.e. dietary info., sleep)

Don't cost. Present information in ways that are not authoritative.

Doctors aware of patient assistance program ADRC

Educate

Educate employers on how health concern of their workers affects them

Educate families about when to go to ER.

Educate from early on--before school starts, all areas are linked together, we all have to work together, more poverty awareness events

Educate parents on minor health care issues

Educate the legislature (letter campaign, phone campaign)

Educating clients

Educating our youth on nutrition & fitness

Education

Education and activities to increase physical activities and awareness of

Education for legislators

Education on preventative

Education re: qualifications for programs/services, simplified information for parents (phone #'s, etc) resource manual, cross information (ex. Connecting

Emergency room visits

Encourage local hospitals to establish clinics in low income

Encourage members of community to assist each other to appt. etc.

Encourage people at agency to getting more involved about health care

Encourage preventative care. It's cost effective

Engage our neighbors and education

Establish effective community health system

Establish foundations

Eureka Springs model (Doctors set up free clinic twice/month)

Everyone contact legislators

Everyone needs to have health coverage

Expand training of nurses/hygienists so more can be provided

Eye care, contact exam-with separate payment?

Federal level legislative measures

Focus on prevention (economic benefits of healthy vs. unhealthy)

Free clinic

Free clinics & "sliding scale" clinics

Free health care & equal healthcare/access to good healthcare

Fulton has started a dental task force to improve dental care for adults

Get business partners

Get Drs. & Nurse Practitioners involved doing a possible rotating free clinic.

Guidelines for Medicaid--look at previous standards, eligibility requirements

Health and dental clinics for low income families, using newly graduated health professionals to do internship to pay back student loans. Already

Health care reform

Health care/pharmaceutical providers to be on board to create resource and

Health literacy--make sure

Health literacy

Healthcare providers & pharmaceuticals need to be involved

Hold legislatures accountable--outdated myths, not representing interest of people, set aside political rambling eg. Not passing health care reform bill,

Identify need to urgent action

Identify the issues; make plan; submit to general public& leaders;

Improve access to rural healthcare

Improve transportation to medical services

Income eligible & application service gap for pregnant women for prenatal care, dentistry, distribution of health service

Increase advocacy for affordable health care

Increase education in schools and day cares

Increase taxes--more revenue required

Increase these facilities/access to these facilities--especially in rural areas

Increase volunteers: need for more nurses & doctors in these community health centers--will help increase hours of availability

Increased access to health services to poor: increase taxes, responsible

Investigate how to get dental care in rural areas

Involve local organizations & community

Know your legislature rep., contact with calls & mail

Lack of Medicaid dentists--what is happening for the adults?

Language, attitude & public communication in the culture using words,

Legislative levels "need their attention"

Link persons to resources in community

Lobby legislative

Local community clinics are needed: has financial impact on hospitals,

Local health clinics

Look at poverty levels

Make it where working people can afford health insurance where they work

Make relationships with legislatures

Make sure clinics have the services needed & hours to serve clients

Medicaid system & other FSD programs so that individuals are encouraged

Medicaid taxi service--investigate the program to improve services
medical & dental interns at local level as part of learning requirement

Medical services in evening

Medicare limits should be re-evaluated

Mental health also needs to be addressed

Mental health issues continuing care

Mental Health Services: Raise Awareness of what the effects of lack of
insurance causes--dental coverage not enough or non-existent; increase
access , Health care providers that accept state insurance, Local persons

MO Health care for all- united voice/advocacy rather than similar
organizations working in silos (layer underbelly group)

MO HealthNet: change perception of the program to be less judgmental,
information needs to get out--who qualifies for these services?

Mobil clinics

More urgent care clinics

National healthcare

National reform before local reform

Need for dental services, too; MO Health Net needs to cover cost of these
dental services--right now it is not. (i.e. Dental exam required for Head

Need understanding of what affordable is

Neighborhood

Offer community mental health to cut costs of incarceration and of

On-going training required of all health-care workers-compassion, caring

Open Medicaid to persons older than age 18

Organize town hall meetings

PE/health back in schools

People who vote--talk to your legislator

Physical activities

Plan for Missourians that don't have insurance

Poor dental hygiene has many broad effects

Promote more health services for free in schools, e.g. screenings.

Poverty Simulations

Practice good nutrition in school lunch programs (fresh fruit shakes)

Prescription drug companies regulations

Preservation of Medicare!

Preventative care vs. responsive care, (chiropractic example)

Preventative health

Prevention at the earliest opportunity

Promote & increase awareness for community health centers

Promote healthy habits

Push prevention

Put all uninsured/self employed in one pool and just pay for it (everyone is)

Quantify cost-effectiveness of people being insured

Raise these issues to your church, pastor, & benevolent committee---where

Recognize alternative medical; preventative health care; earlier treatment

Reform to insurance system to focus more on prevention by working with legislators (VOTE!), thereby reducing overall medical costs

Regional mobile preventative health vans

Research grant opportunity, network with health care providers

Responsibility of patient & doctors to know affordability of prescriptions

Rural transportation, health clinics
Same opportunity of insurance benefits as Legislators

School nurses more available

Simplify health care

Single payer plans are worth exploring

Single Payer system

Sliding scale & loan forgiveness-free clinic

Socialized medicine

Start a balanced diet food program

State government is in need of partners with local agencies, businesses &

State should cover all uninsured because we pay for it one way or another

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Stocking pantries with healthy foods

Support to enhance Medicaid

Take care of self

Take people with medical stories to Legislators

Talk to legislators about signing more duties and activities for nurse

Talk to legislators about insuring more people

Talk to legislators--make them aware that this is a necessity. Down the road, may be cheaper to invest in health care now.
teach pre-natal care/pregnancy prevention/sex education

This is a massive issue

Transportation is an issue for remote populations

Try to influence federal change----single payer!!! Or public option 1st

Uninsured or underinsured working class; access to health coverage for

Uninsured, underinsured

Universal (single payer) healthcare, medical attention (clinic)

Universal care

Universal healthcare increase reimbursement for physicians

Volunteer in school to assist in health screening

Walk with an elderly neighbor/pick up prescriptions/drive to doctors, etc.

Walking clubs, build communities with physical activity in mind/ biking lanes

Why health depts. can't provide sign off on services

Women's health issues info.

Working with University Extension office

What can be done in 10 years?

Health

24 hour health care clinics

a standard of basic health care for all Missourians

Address all issues (all pillars); Follow up is important

Address mental health issues

ADRC initiative as one stop shop (Maryville) ; do away with "open

Advocate for continuing care for mental health patients with same counselor

Appear in Jefferson City on advocacy day & be there and speak

Aren't enough providers--in rural areas--especially dentists

Become a primary care focused state

can we offer incentives to dentists for offering services to un-and under-

Change system of how apply for Medicaid; separate SSI application from

Commission to include doctors, nurses, pharmacists

Community health centers need to be better funded

Community programs to promote wellness (mental, physical, & spiritual)

Contact legislators with a balanced approach

Continue to build Missouri Healthcare for all

Cover the uninsured seminar in March

Create regional co-ops for medical services to engage more professionals

Demand universal coverage at federal level while Obama is in office

Demand universal coverage at the federal level during this window of

Dental & vision must be just as important issues as healthcare issues

Discourage TIFs so that local tax base is not diminished

Educate clients on soft skills

Educate the legislature--be better lobbyists

Educating more people to contact legislation regarding poor health

Educating the educators

Education on all levels--healthy eating habits encouraged

Education- then it can be shared with their family and neighbors

Empower schools to help educate children on preventative care

Encourage compassion in healthcare providers

Encourage doctor visits

Engage civic leaders to help w/gaining adequate health care

Expansion of programs like ICAN and MedZou to other areas

Explore universal healthcare

Eye care is important

Families need food prep assistance

Focus on prevention instead of treatment

Follow through with #1

Free health clinics

Get churches involved (go where your strength is); non-denominational---not-

Get more employers to provide sick leave or incentives to provide healthcare

Get people to commit to watch legislation on health care issues

Getting the right information into the right hands (i.e. boys & girls clubs)

Have more nurse practitioners and dental hygienists

Health centers in poor neighborhoods with dentist/pharmacy/etc

Health education in schools

Health insurance for everyone

Health issues are issues with not only lower income, working poor, and lower middle income, linking issues with general population.

Health literacy, dental health & mental health are important, too

Hospital regulation--some are good, others need work

Hospitals collaborate to provide clinic for uninsured so that it lessens ER

I Am Moving---child obesity measures-info.

I Can & Head start Health

Identify the needs, meet with partners, and take to legislators with realistic goals, with the numbers and the plan to meet the goals in a timely manner

Immerse lobbyists and legislators in the reality of a low income way of life.

Implement sliding scale clinics with maximum charge being affordable

Incentives for good health

Incentives to keep healthcare physicians here

Income guidelines need to raise, to adjust for inflation.

Increase MA reimbursement

Insurance

Insurance call center need to be trained & updated

Invest in preventive care & elderly

Involve insurance companies in the cause

Keep it simple!

KNOWLEDGE!

Lack of providers (especially dental) who take Medicaid; increase
Legislators need to go & visit people who are suffering without healthcare
Legislature involved
Licensed people in MO--required to donate 1 day of service
Loan forgiveness for doctors to work in free or sliding scale clinics
Local government involvement & agencies to participate
Local health clinics
Look at needs for major medical
Lower health cost
Make people aware that services exist so that they can free up money in
Mandate equal access
March to address the poverty of the wealthy
Mass going to legislature
Mobile units
Money for drug and alcohol prevention
Money for pregnancy prevention services
More awareness of programs to help to cover costs of medical related
More opportunities for dental care
More responsible physicians
One stop shop for health insurance referral
Opportunities for doctors and dentists to work off student loans with pro-
Partner with area agencies to inquire about cooking classes
Patient center health care homes--create more of these models

Physical education

Preventative care - more dollars

Preventative measures

Preventative medicine is cheaper than life long care of disability/illness

Prevention

Primary care physician & nurses in rural area-promote loan forgiveness

Programs at school nutrition & fitness

Provide basic protections for all to help lower costs for all

Provide more basic first aid/CPR training to communities

Providers will not be available

Reach out to parents so they can enroll kids

Reform health insurance system

Reform tax system--how we pay for schools

Regulate food stamps to purchase more healthy foods

Regulate insurance industry, control cost related to insurance cost

Regulation of medical costs

Seek insurance coverage for uninsured; ask question is healthcare a right

Share region wide with the health network it's development, liability

Sliding scale

Some form of social health care

Speak a language that people in poverty understand, empower them to

Start prevention program-start at elementary level

Streamline the process, efficiency

Target areas in communities that can be helped by more local health

Target families that don't know about programs available

Teach Emergency rooms are not doctor's offices

Teach people without healthcare how to advocate & lobby legislatures

Teach preventive care

Too many going to ER for service-mistreatment because they know they

Try to develop additional dentists who will provide Medicaid services for

Universal access to a plan, but keep the private plans

Universal healthcare

Universal healthcare that is not tied to employment

Visual impact--caskets (10) to represent the 10 Missouri residents that die each week because of lack of health care

Volunteer

Work on workforce development--getting doctors & dentists who are willing

Work with existing programs/educate public on existing program

What can you do to make this a reality?

Health

What can you do to make this vision a reality?

1 week of service/doctor to health clinic

Address & educate about the interconnectedness of health issues--dental problems linked to other major life issues

Adopt a family to help get to appointments and follow up to make sure taking meds

Advocacy

Advocate with legislature

Appeal at place of worship to participate in education & helping organize

Ask doctors to lower cost & volunteer for pro bono work

Assist seniors & others to get to appointments

Awareness

Churches provide more community meals

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Collaboration with local physicians, etc.

Community awareness

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Community organization

Contact legislators

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Create more mobile medical units - affordable.

Doctors have free screening days

Educate

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Educate parents on minor health care issues

Educate patients on alternatives to ERs- who is your local provider?

Educate regarding ER costs; advocate, awareness & volunteer

Educating clients

Education

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Education for legislators

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Encourage people at agency to getting more involved about health care

Engage our neighbors and education

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Expand training of nurses/hygienists so more can be provided

Federal level legislative measures

Focus on health success stories

Free clinic

Fulton has started a dental task force to improve dental care for adults

Get business partners

Get Drs. & Nurse Practitioners involved doing a possible rotating free clinic.

Get more policy makers & influential people involved

Health care reform

Health care/pharmaceutical providers to be on board to create resource and

Health education

Health literacy

Identify need to urgent action

Identify the issues; make plan; submit to general public & leaders;

Incorporate health standards in schools

Identify gaps in services/access to services

Involve local organizations & community

Know your legislature rep., contact with calls & mail

Language, attitude & public communication in the culture using words,

Link persons to resources in community

Lobby legislative

Local health clinics

Make sure doctors are health literate

Medicaid taxi service--investigate the program to improve services

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Neighborhood

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Preventative medicine more wellness programs and health projects in the

Preventative health

Promote healthy habits

Quantify cost-effectiveness of people being insured

Raise these issues to your church, pastor, & benevolent committee---where

Really letting the legislature know the problem (writing letters, coming to

Referrals to low cost clinics

School nurses more available

Send personal stories to our legislators in Jeff City

Take care of self

Talk to legislators about signing more duties and activities for nurse

They (doctors) speak in patient's language

Transportation is an issue for remote populations

Universal care

Volunteer in school to assist in health screening

Volunteering at clinics; medical people volunteer to speak at schools &

Walk with an elderly neighbor/pick up prescriptions/drive to doctors, etc.

Why health depts. can't provide sign off on services

Write congressmen about advocating for local community clinics