

Ideas to reach the vision of the state?

Hunger

School serving good nutritious meals

A proxy who can pick up food for client

Agriculture support within communities

All issues-learn & educate friends, neighbors, & community on realities of

Awareness

Awareness of hunger in the state

Awareness that food stamps can purchase seeds

Back to basics

Bartering--websites

Be vocal politically

Better distribution & access of food from grocers & restaurants to food

Branch out & discuss the need for helping others less fortunate

Bring religion back into our thoughts and how we make decisions

Change commodities to be healthy & versatile

Change of heart starts with us

Changing income guidelines--state needs to subsidize to extend food stamps

Changing the cultural through education; target coaching & case

Churches ask members for specific individual donations

Community garden

Community gardening

Community gardens

Community gardens in area not being used

Community gardens with organized distribution

Community gardens; University of MO. Extension for food distribution

Community kitchens

Connect experienced cooks/food preservation to needed party

Container gardening

Cooking classes, increase amount of food stamps for elderly

Cooking classes/learning how to shop/budget

Deal with direct issues that hinder getting food such as transportation and

Decrease processed foods & increase physical activity with healthy foods

Dept. of Conservation

Develop lunch & learn programs

Develop marketing theme

Different programs work in different areas--start locally/regionally & apply

Do a community garden, encouraging younger students to participate.

Donate excess garden produce

Don't abandon programs too soon--they take a long time to become popular

Don't overlap services OR increase communication/cooperation among the different agencies--we need an increase in efficiency of these services

Educate people through framework of understanding poverty, Bridges Out of

Educate the people of Missouri about the problem through: schools, political action, churches, chamber, seniors, extension, individuals, county

Education is the key for budgeting & nutrition

Education material given out at food pantries

Education--better nutrition--how to prepare

Education program- eat breakfast

Encourage community supported agriculture to include hunting, fishing,

Engage in community

Engage legislators to improve social & energy systems

Exchange food grown within community

Expand feeding programs for children in non-school months

Expand free & reduced lunch program, food stamps

Expand meals-on-wheels for non home bound

Expose legislatures to low income meals

FFA partners/extension for gardening

Focus on local, sustainable farming

Focus on quality

Follow a plan in school for meals--cheaper, healthier

Food banks--keep awareness/donations

Food preparation & canning workshop (commodity food recipe)

Food Stamps not conducive to healthy eating

Get involved with local pantries

Get more people to plant garden

Getting organizations involved

Getting rural farm produce to low income

Greater information & community wide task force

Have a church member prepare a meal once a week for another church or

Have partnerships with rural farmers for local funds and food

Health checks--guidelines on food at pantries, nutritional values

Healthier meals

Healthy heart coalition in Pemiscot and Dunklin counties has community

Healthy selections using food stamp/ not processed foods be rewarded

Help food pantry to get healthy foods

Hunger needs to be addressed to community leaders so they are aware of

Hunger remedied by lowering the cost of nutritious foods

Hunger tackled by food pantries, school lunch programs, after school programs, summer lunch programs, mobile meal truck for those without

Hunger tackled by social service agencies collaborating together to join food,

If you receive food stamps, attend classes (i.e. crock-pot cooking), hold

Instant purchase of produce with food stamps, while at the same time provide disincentive for use for high calorie, high-refined foods

Increase # of markets that accept EBT

Increase charitable giving

Increase community garden, educate on how to garden

Increase community gardens

Increase farmers markets

Increase lunch in park programs

Increase minimum wage/living wage

Increase transportation to get to stores

Increase use of "green/community" gardens

Information from community colleges to educate people how to supplement their food supply through community gardens

Integrate community garden with science classes

Interested in changing Food Stamp guidelines--nutrition guidelines

Is ethanol production the best use of our agricultural subsidies?

Labor for food--elderly farm families

Lack of knowledge of how to prepare foods

Legislator's visits

Fewer stigmas for families who qualify for the programs

Life skills classes

Look at economics of buying at restaurant vs. buying at market

Look at guidelines for Section 8/ WIC/SNAP's

Low income clients not only need, but want fresh fruits & vegetables

Make sure Soulard market merchants take EBT

Make the food programs easier to use for families (great thing EBT)

Master gardening program

Ministerial alliance

More community gardens

More education on healthy eating and food choices

More education surrounding food, food stamps (junk food because it's cheap)

More food pantries--funding for

More WIC participation --broaden eligibility

MU Extension

National hunger & homeless awareness week--involve kids & families

Need to educate families about proper nutrition. Food pantries would be a

Neighborhood grocery

Networking & linking

No tax on food or a consistent tax level across the state

Nutritional education

Nutritious & affordable don't always mesh--charge less for produce & more

Obesity and hunger

Offer classes on how to plan nutritious meal with less time and money

Outreach with a change of attitude for community leaders, pastors,

Overhaul food stamps--what can be purchased

Overhaul of agricultural subsidy system

Partnering with extension at MU

People can buy produce up front & get it delivered or picked up weekly. Can work cooperatively to arrange for transportation & help with costs.

People need to learn how to prepare food

Plant community gardens

Promote gardening-get city to donate vacant lots & develop community

Promote local gardens & donate to food banks

Promote more urban farming and farmer's market experiments

Provide education to our clients to make healthy food choices and food

Provide transportation to the food--agencies share responsibility

Providing healthy foods!

Quality food preparation education

Recalculation of formula for food stamps

Re-establish full kitchen in schools, get past cheap solutions.

Re-evaluate our food stamp program to expand eligibility & include fresh

Re-evaluate poverty level, look at what we are giving (food pantries) to people (healthy food choices); fresh produce

Require community service for graduating students

Revise liability limits (legislative) for use of leftover foods, i.e. schools, nursing homes, hogs/cattle to processing plant

Save money on meetings, ex. Meals etc --donate extra money to food

School serving good nutritious meals

Schools should teach nutrition

See Central Missouri Food Bank example

Seed donation

Sliding scale depending on income

Solicit produce for food pantries

St. Louis merchants need an attitude change about food stamp shoppers.

Start community garden

Start talking to companies who employ people at low wages

Stocking pantries with healthy food

Summer school nutritious programs

Take EBT machines out of gas stations and liquor stores

Talk to community about what they really need

Talk with community groups

Tax on soda & using money on public health issues

Teach pantry staff how to suggest recipes & provide food combinations that

Teach young people how to grow their own--community gardens

Teaching cooking/freezing food-use extension services

Tie farming subsidies based on how low they can reduce poverty

Time restraints solved by partnering food pantries with churches

Transportation barrier

Trash gardening

Try, try again--don't give up after one attempt

Uneaten food is wasted money

Volunteer

Volunteer, donate to food banks

Volunteers to help distribute

Vouchers for farmers market produce-(WIC)

WIC vouchers for farmers market--support markets with use of EBT cards

Winter months--"Hot Food" providers, share responsibility with other agencies

Work on what kind of food that pantries give out

Work with community toward community garden

Work with farmers & community gardens for nutritious food/canning skills

What can be done in 10 years?

Hunger

A process to use food stamps at farmer's markets, etc.

Advise people of where food is to be found

Advocacy group of various agencies and individuals

all responsible for hungry people

Angle Food

Better connection to all available state programs

Bring back community gardens

Build community support for community garden

Building that had solar power to heat green house that could grow fresh

Businesses involvement

Cafeterias create way to utilize leftovers

Categorize foods based on nutritional content (color- code)

Change hours food support is available to clients. Viable times for people

Change what is served in schools; go back to healthy foods

Clients help run the pantries & work in the gardens

CMAAA--funding to senior citizen food programs

Commitment for action

Community gardens

Community gardens --life skills on canning and freezing

Community gardens, 4-H involvement, Missouri Farm Bureau, get kids

Contact local markets

Container gardening

Container gardening--education around this

Continuous contribution to food pantries year long

Creation of a local community plan & partners

Creative community gardens and canning

Delivery of food

Develop cooking programs

EBT at farmers' market

EBT cards usable at farmers' market-healthier foods

Educate in schools how to cook properly & budgeting

Educate to gardening - how to use dry beans, dry milk, etc.

Education of all levels-state/local/legislature

Education on gardening, farmers market, & other food resources

Education on how to cook for less- access to education tools

Encourage local gardening & canning your produce

Everyone participate in community service relative to food pantries, Community gardens, meals-on-wheels, etc--emphasis on high school

Expansion of Angel Food Ministries

Extension programs teach canning!

Farmers market

Farmers' markets donate leftover food to pantries/2nd Harvest

Farmers' markets to take food stamps

Flat fee or percentage from grocers to go to the hunger initiative

Food banks- different odd hours convenience

Food pantries need to provide healthier foods

Food pantries open and available, affordable food

Food stamp budgeting-local restaurant chains & grocers donating to food

Food stamp outreach

Form community garden

Fresh produce; community gardens for every food pantry

Fruit carts at schools

get churches/community involved in community gardens

Getting businesses more involved

Give recipes with commodities

Go back to schools--begin to teach them to eat healthy

Good evidence to support question #1

Grass roots program for gardening

Grass-roots outreach in nutrition. Personal contact

Handicap accessible gardening

Help with prevention programs

Hunger can be eased by funding for mobile food truck to take into rural

Hunger can be remedied by making education available on food

Hunger could be eased by community restaurants to get food.

If you know your neighbor is in need when you cook a casserole for yourself and you have more than you need-cook one for your neighbor
implement community gardens

Incentives to participate

Incorporate farmer market and community gardening in our area.

Increase allocation for food stamp program that will allow people to buy more fresh food (\$3/day/person is not enough)

Increase public transportation

Increase the WIC program

Increasing community gardens & the community behind the gardens

Integration from outside sources to help schools teach healthy eating

Involvement of faith based organizations

Land available for community gardens

Legislative action for liability changes

Life skills classes in nutrition, cooking lesson

Life skills in food preservation and cooking

Make a resource guide available to those that need food.

Make it one central location and process to qualify for FSD, energy

Mobilize food-get volunteers to deliver meals to impoverished people w/o

More education on how to prepare meals; make food ideas more available

More networks-like angel food network

More support of "anole" food-buy a package of food for less

Network with starting community gardens

Nutrition & cooking programs for children

Nutrition education

Offer tampons, hygiene, and sunscreen

Offering education on healthy eating on a budget

On-line food stamp application that can be mailed or completed on line

Partnering with farmer's market, providing healthier foods

People donate \$ to food pantry--turn to voucher to be given out for fresh foods

Possible service projects--private schools, colleges, boy & girl scouts

Promote community gardens, sustainability education at homeless

promote farmers market & community garden

Provide locally sourced food to food pantry, food banks, schools, etc.

Providing lunches for kids during the summer

Recipes--easy to prepare--inexpensive-- life skills

Reduce tax on food

Restructuring tax systems for both individuals and employers

Reward fresh meat & produce purchase in food stamps

School system provide fresh, varied, healthy choices

Schools contributing on healthy eating & needs

Screen food donation- not outdated food in pantries

Send F.S./WIC/Senior systems w/card hook up to farmers' markets

Simplified information

Site set-up for a "free farmers' market"

Statewide or region food pantry networks

Support more farmers in region to purchase reasonably priced food

Take care of small farmers

Targeting healthy living

Tax on soda & use money on public health issues

Teach back basics

Teach gardening skills

Teach kids healthy eating and access to healthy eating at schools

Teach kids to shop and cook nutritious meals

Teach life skills such as cooking in schools

Thrift stores, free stores

Use leftover food from restaurants, cafeterias.

Utilize proper health care

Volunteer opportunities for A+ to help with garden

Vouchers for seniors so they can go to farmers markets, could widen it to

WIC and senior vouchers

Work with local farmers to provide fresher and healthier food

Work with University Extension services

Working with churches & businesses in your community

Working with local farmers, etc.

What can you do to make this a reality?

Hunger

What can you do to make this vision a reality?

A proxy who can pick up food for client

Accountability

Address these issues on a community level, agency coordination on a local

All issues-learn & educate friends, neighbors, & community on realities of

Ask for generic, samples

Awareness

Back to basics

Bartering--websites

Be vocal politically

Better distribution & access of food from grocers & restaurants to food

Branch out & discuss the need for helping others less fortunate

Bring religion back into our thoughts and how we make decisions

Change of heart starts with us

Churches & businesses working together to help feed kids before school;
the only place kids get good meals is at school sometimes

Churches ask members for specific individual donations

Community gardens

Community gardens in area not being used

Community gardens; University of MO. Extension for food distribution

Community kitchens

Connect experienced cooks/food preservation to needed party

Cooking classes

Creating better jobs in the community; raising the minimum wage in MO

Decrease processed foods & increase physical activity with healthy foods

Dept. of Conservation

Developing community partnerships --building relationships

Do a community garden, encouraging younger students to participate.

Donate excess garden produce

Don't abandon programs too soon--they take a long time to become popular

Don't leave it up to others, assume someone else is teaching these topics

Eat less meat or buy free range brands

Educate organizations on what types of resources like this are available

Educate public perception of hunger

Education around how to plant your own foods

Encourage community networking, not duplicate services

Encourage community supported agriculture to include hunting, fishing,

Engage in community

Exchange food grown within community

FFA partners/extension for gardening

Food bank, making food available

Food pantries open & available

Get involved with local pantries

Get more fresh food in pantries

Getting organizations involved

Grassroots/community organizing

Greater information & community wide task force

Have a church member prepare a meal once a week for another church or

Have partnerships with rural farmers for local funds and food

Health education program- how to eat healthier (in food pantry)

Healthy heart coalition in Pemiscot and Dunklin counties has community

Hunger needs to be addressed to community leaders so they are aware of

Identify resources in the community to help with this: colleges/universities,

Increase charitable giving

Legislator's visits

Let people know where the "bargains" are, ex: comm./farmers gardens

Life skills classes

Lobby the wealthy

Make sure meals at schools are healthier

Master gardening program

McCaskill's "kitchen table" talks

Ministerial alliance

More WIC participation --broaden eligibility

MU Extension

Neighborhood grocery

Networking & linking

People need to learn how to prepare food

Promote Angel Food Network & encourage clientele to use it

Promote community grocers, meat lockers in nutrition education & budgeting

Promote gardening-get city to donate vacant lots & develop community

Provide education to our clients to make healthy food choices and food

Require community service for graduating students

Save money on meetings, ex. Meals etc --donate extra money to food

Shop at Soulard and local farmer's markets more

Some of our legislators hold meetings in grocery stores

Start community garden

Start talking to companies who employ people at low wages

Take EBT machines out of gas stations and liquor stores

Talk to own municipal leaders about community gardens etc.

Talk with community groups

Teach a child how to fish & hunt

Teach a child how to garden

Time restraints solved by partnering food pantries with churches

Try, try again--don't give up after one attempt

Volunteer

Volunteer, donate to food banks

Volunteers to help distribute

Work with community toward community garden

Work with your local churches to start community programs